Virus news for Balsall and Berkswell Parishes Immunisation Special



Everyone will be aware that we have a new coronavirus variant and that it is highly contagious. At the time of writing, it is not known whether its impact is more severe but it is reported that 75% of people in intensive care with covid are unvaccinated but represent only 10% of the population. We also know that 2 jabs are not enough with this new variant to give full immunity. You need a 3rd three months after the second.

So, get your jabs – make sure you have 3 is the message.

- 1. Balsall Common surgery is a designated vaccination centre. You need to book.
- 2. There are three other alternatives where you can either book or simply walk in
 - 2.1. Jaguar Land Rover Logistics centre on Damson Parkway B92 9EP
 - 2.1.1. A walk-in centre. Just turn up.
 - 2.1.2. Open 7 days per week 8 am to 6 pm until 24th December (closes 2pm on Christmas eve)
 - 2.2. Find another walk-in site click walk in sites
 - 2.3. Book an appointment on line online booking

Test yourself before you meet people

If everyone attending a party/function tests themselves for covid before going, then the risk is much reduced for all. Do a lateral flow test before you go. Balsall Common pharmacy has test kits. You do not need to book one on-line, just turn up. They will only allow one box of 10 tests per family. (There are loads of tests available but the post office is struggling to deliver them with our Christmas post)

Don't panic it's just another variant - Do 5 things

- Get younger people and other unvaccinated to jab unless they are medically told not to. If they end up in hospital with Covid they will take treatment away from others!
- Get 3 jabs yourself
- Everyone should test before a social gathering to protect each other
- Wear a mask when inside a public space to protect others except when eating or drinking, and reduce <u>un-necessary</u> close contact in enclosed spaces with other people (continue to have fun)
- Ventilate any room where people meet.

Merry Christmas

Andrew Burrow

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